

Have fun learning and playing  
with your preschooler!

## Activity

### Be VERY Gentle

#### What You Need

Raw spaghetti noodles, paper plates, Play-Doh®, and circle-shaped cereal

#### What You Do

Set a paper plate with a small lump of dough at a table. Stick a spaghetti noodle into the dough so it stands up tall. Place a pile of cereal on each plate.

Invite your child to join you at the table. Demonstrate how you want them to gently thread each piece of cereal onto the spaghetti noodle. Remind them that they must be very gentle or the spaghetti will break.

During the activity say, "I want you to pick up a piece of cereal and put it on the end of the spaghetti. Then let it drop like this. (*Demonstrate.*) Now, there is a BIG secret you need to know to do this. Do you want to hear the secret? (*whispering*) You must be VERY gentle when you put the cereal on the spaghetti. If you're not gentle, the spaghetti can break. I think you can be gentle! Let's try."

After the activity say, "You did a great job of being oh, so careful and oh, so gentle. Great job! Do you know who else was gentle? Jesus! The disciples were not gentle when they told the little children to go away. But Jesus chose gentleness and told the little children to come to Him. When Jesus is our friend forever, He can help us choose gentleness, too! Because Jesus can help me do everything. Who can help you do everything? Jesus can help me do everything."

### Bible Story

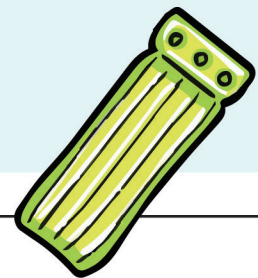
Jesus and the Little Children  
(Mark 10:13-16)

### Remember This

"Jesus answered, 'I am the way  
and the truth and the life.'"  
John 14:6, NIV

### Say This

Who can help you  
do everything?  
Jesus can help you  
do everything.



## Prayer

"Dear God, thank You for helping us to be gentle. We pray that we are gentle with our friends and that we treat them with love. We love You. Amen."