



Use this guide to help your family learn how God's Spirit can help us "make waves."

First, watch  
this week's  
video!

**Make Waves:**  
What you  
do today  
can change  
the world  
around you

### Memory Verse

"God began a good work in you. And I am sure that he will carry it on until it is completed. That will be on the day Christ Jesus returns."  
Philippians 1:6, NIV

### Bible Story

Jesus and the  
Little Children  
Mark 10:13-16

### Bottom Line

God can give  
you the strength  
to be gentle.

## Activity

### Gentle or Strong?

#### What You Need:

note cards or a sheet of paper cut into equal-sized rectangles; writing utensil

#### What You Do:

Write down the following animals, one per note card.

- ▶ kitten
- ▶ lion
- ▶ shark
- ▶ snail
- ▶ whale
- ▶ clownfish
- ▶ parakeet
- ▶ eagle
- ▶ starfish
- ▶ elephant
- ▶ rhinoceros
- ▶ puppy
- ▶ goldfish

Put the note cards in a stack, face down. Tell your child that you're going to take turns taking a note card from the stack. Once you read the name of your animal, you'll act out being that animal by using animal noises and gestures.

The other person will try to guess what type of animal you're acting out and to decide whether the animal is gentle or strong. If they think the animal is strong, they flex their muscles. If they think the animal is gentle, they make a pose that mimics cradling a baby.

When you're finished, say, "One of us might think that an animal is gentle, while the other thinks that animal is strong. Today we learned about someone who is gentle and strong, didn't we?"

## Talk About the Bible Story

Who did Jesus invite to come to Him?  
(the children)

How did Jesus' invitation show that He is both gentle and strong? (Jesus treated children like they're important to Him; Jesus is powerful enough to do anything, but He still took the time to show the children they were important.)

What are some ways that we can be gentle to others? (show people that they're valuable by the way we treat them; show kindness; take time to listen)

What can happen if you're not gentle with your words and the way you treat others?

Parent: Tell your child about a time when you were going through something hard and feeling sad a lot of the time, and a friend was gentle with your feelings and kind to you.

## Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"God, thank You for sending us Jesus. Jesus treated the children that day with gentleness. He took time to take the children into His arms. Jesus loves US, too; He thinks that each of us is important and valuable. Help us to follow Jesus' example and act in a way that shows others how valuable they are. Please give us the strength to be gentle. We love You, God. Amen."