



Break My Heart

Chris Lindberg // Romans 9:2-3, Psalm 51, Mark 1:15

More than heartache – More than just “feeling bad”

Anguish – Uncomfortable – Uneasy – Unsettled

Keep you up at night!

Asking God – “Don’t just help me to see what you see, more importantly help me feel what you feel!”

Past examples:

Nehemiah 1:4

⁴ When I heard these things, I sat down and wept. For some days I mourned and fasted and prayed before the God of heaven.

- Nehemiah had learned about the destruction of the wall

John 11:33

³³ When Jesus saw her weeping, and the Jews who had come along with her also weeping, he was deeply moved in spirit and troubled.

- Jesus wept over the tone of the setting of Lazarus’ tomb. He saw the effects of death, and he was moved by it
- The CSB translation says “angry in His spirit”

Ephesians 1:17-18

¹⁷ I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit of wisdom and revelation, so that you may know him better. ¹⁸ I pray that the eyes of your heart may be enlightened in order that you may know the hope to which he has called you, the riches of his glorious inheritance in his holy people,

Romans 9:1-3

¹ I speak the truth in Christ—I am not lying, my conscience confirms it through the Holy Spirit—² I have great sorrow and unceasing anguish in my heart. ³ For I could wish that I myself were cursed and cut off from Christ for the sake of my people, those of my own race,

- Paul was a Jew by race / most likely looked down on for his ministry to the Gentiles
- Paul's heart is broken for his people / his race

Want to move our hearts from – Have to > Get to > ***Can't help not to***

David – close to the heart of God

“Man after God's own heart” – Acts 13:22

Psalm 51:1-4

¹ *Have mercy on me, O God,
according to your unfailing love;
according to your great compassion
blot out my transgressions.*

² *Wash away all my iniquity
and cleanse me from my sin.*

³ *For I know my transgressions,
and my sin is always before me.*

⁴ *Against you, you only, have I sinned
and done what is evil in your sight;
so you are right in your verdict
and justified when you judge.*

When we pray “*break my heart*” we're giving up our own affections – desires.

“Cleanse our hearts and transform our affections.”

When we ask God to break our hearts, He transform our affections toward His heart and His Kingdom.

1 John 1:9

⁹ *If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.*

He will cleanse our hearts and transform our affections.

Mark 1:15

¹⁵ “The time has come,” he said. “The kingdom of God has come near. Repent and believe the good news!”