



Rejoicing in the Rhythms of God

Chris Lindberg // Psalm 145:1-7

Psalm 145:1-7 NIV

A psalm of praise. Of David.

¹ *I will exalt you, my God the King;*

I will praise your name for ever and ever.

² *Every day I will praise you*

and extol your name for ever and ever.

³ *Great is the LORD and most worthy of praise;*

his greatness no one can fathom.

⁴ *One generation commends your works to another;*

they tell of your mighty acts.

⁵ *They speak of the glorious splendor of your majesty—*

and I will meditate on your wonderful works.^[b]

⁶ *They tell of the power of your awesome works—*

and I will proclaim your great deeds.

⁷ *They celebrate your abundant goodness*

and joyfully sing of your righteousness.

Exalt – Praise – Commend – Tell – Speak

Meditate – Proclaim – Celebrate – Sing

“Praise is for all tenses.”

R.C. Sproul

- What is our response ability? It's WORSHIP.
- Our worship not only reminds US of God's works, mighty acts, splendor, majesty, wonder, power greatness, goodness, and righteousness, but it reminds “one generation... to another” (v.4)
- One generation will pass onto the next a “language of praise”

Ephesians 5:19-20 NIV

¹⁹ speaking to one another with psalms, hymns, and songs from the Spirit. Sing and make music from your heart to the Lord, ²⁰ always giving thanks to God the Father for everything, in the name of our Lord Jesus Christ.

- Paul instructs us to sing to one another
- Our ability to respond with praise and proclaim the works, mighty acts, splendor, majesty, wonder, power greatness, goodness, and righteousness is for “one another”.
- Opportunity for rest.
- Opportunity to delight in the Lord

Psalm 37:3-4 NIV

*³ Trust in the LORD and do good;
dwell in the land and enjoy safe pasture.*

*⁴ Take delight in the LORD,
and he will give you the desires of your heart.*

What is your story?